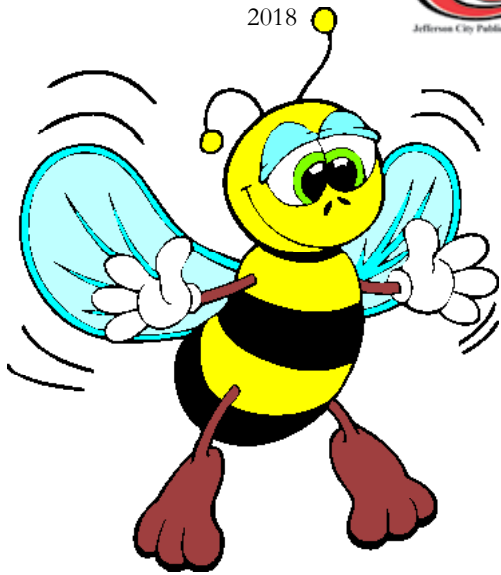






September

SUPER SNACK
2018



THEY KEEP BUZZING
ABOUT FRUITS AND
VEGETABLES
MAKE HALF YOUR PLATE
FRUITS & VEGGIES



Monday	Tuesday	Wednesday	Thursday	Friday
3 No School 	4 Two Cheese Sticks Blueberry Muffin Raisins Grape Tomatoes Milk	5 Yogurt/Granola Peanut Butter Packet Crackers Broccoli Banana	6 Cottage Cheese Tortilla Chips Salsa Cup Orange Milk	7 Deli Turkey Bun Peach Cup Cucumber milk
10 Yogurt/Cheese Stick Pretzels Zucchini Apple Milk	11 Deli Ham Wheat Bread Carrots Grapes Milk	12 Peanut Butter Packet Crackers Celery Sticks Melon Milk	13 Bagel Peanut Butter Packet Cheese Stick Grape Tomatoes Banana Milk	14 Deli Turkey & Cheese Wheat Thins Small Lettuce Salad Strawberries Milk 
17 Uncrustable Cheese Stick Apple Slices Carrots Milk	18 Two Cheese Sticks Blueberry Muffin Raisins Grape Tomatoes Milk 	19 Yogurt/Granola Peanut Butter Packet Crackers Broccoli Banana	20 Cottage Cheese Tortilla Chips Salsa Cup Orange Milk	21 Deli Turkey Bun Peach Cup Cucumbers milk 
24 Yogurt/Cheese Stick Pretzels Zucchini Apple Milk	25 Deli Ham Wheat Bread Carrots Grapes Milk	26 Early Release	27 Bagel Peanut Butter Packet Cheese Stick Grape Tomatoes Banana Milk	28 Deli Turkey & Cheese Wheat Thins Small Lettuce Salad Strawberries Milk 

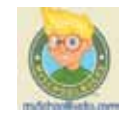
Available Daily for Lunch

- Garden Bar
- PB & J Sandwich w/Cheese Stick
- Chef Salad w/Crackers
- Deli Ham Sandwich

Menus Subject to Change
This institution is an equal opportunity provider.

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Milk Served Daily

- Skim Milk
- 1% Milk
- Fat Free Strawberry Milk
- Fat Free Chocolate Milk

